

# ILM Level 5 Qualifications in Coaching and Mentoring

## Who are these qualifications for?

The Certificate in Coaching and Mentoring is ideal for managers with significant responsibility for coaching and mentoring as part of their day-to-day role. They are also designed to develop learners planning to move into a development role or start a career as a freelance coach and mentor.

### Benefits for individuals

- ▶ Get a critical understanding of the role and responsibilities of the workplace coach and mentor
- ▶ Deepen your understanding of how coaching and mentoring can impact an organisation
- ▶ Be able to assess your own skills, behaviours and knowledge as a coach and mentor
- ▶ Provide evidence of your own development as a coach and mentor through the qualification
- ▶ Plan your further development
- ▶ Plan, deliver and review coaching and mentoring in your organisation

### Benefits for employers

- ▶ Ensure the managers you develop as coaches or mentors are properly equipped with the skills, knowledge and ethical understanding they need
- ▶ Develop a coaching and mentoring culture in your organisation, so that managers are able to provide effective support for the development of others and improve their performance

## What Can I Expect?

There are three mandatory units within the ILM qualification.

- UNIT 1 - ‘Understanding the skills, principles and practice of effective management coaching and mentoring’ aims to enable learners to understand the role and contribution of coaching and mentoring, and build a business case.
- UNIT 2 - ‘Reviewing own ability as a management coach or mentor’ aims to give learners the ability to critically review their own personal qualities, skills and competence.
- UNIT 3 - Requires learners to demonstrate their ability to plan, deliver and review at least 12 hours of coaching and mentoring in the workplace.

***Prior to completing the ILM qualification units with Inspire 360 you will attend the following live training options which completes the syllabus required at Level 5:***

***Option 1: NLP Practitioner Training & NLP Coach Certification (See BRONZE Package)***

***Option 2: NLP Business Practitioner Training***

## Qualification Overview

Course Title	Structure	Pricing
<b><u>NLP Practitioner Training</u></b>	Pre-course study (approx. 50hrs) 7 Days Classroom Training	<b><u>BRONZE PACKAGE</u></b> (INC NLP PRACTITIONER & NLPCC) £1,550+VAT
<b><u>NLP Coach Certification</u></b>	2 Days Classroom Training	£450+VAT (TOTAL £2000+VAT)
<b><u>ILM Level 5 Cert (Assignments)</u></b>	Post course (See UNITS 1-3)	
<b><u>NLP Business Practitioner Training + ILM Level 5 Certificate in Coaching &amp; Mentoring</u></b>	3 x Modules (9 Days Training) Post course (See UNITS 1-3)	£2,150+VAT